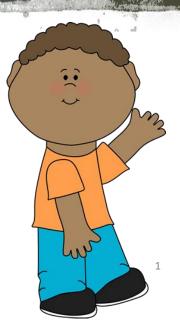
Harrow's Early Support Children's Centres

Early Support Timetable Pre natal – 9 years – booked places only 06 June – 22 July 2022

For services for age 9 – 19 / 25 years go to @Wealdstone.youthhub on Instagram

Harrow Council Early Support Small Steps - Lasting Change We are saying BYE, BYE to bookings!! Early Support are relaunching drop in groups & sessions! Check out the timetable to see what sessions you can drop in to! You will still need to call & book in to some sessions so please do double check the timetable Please note numbers are limited to keep us all safe!







In line with the Local Authority guidance we continue to have some Covid 19/ infection control measures in place which we request are adhered when visiting an ES sites

These include following the key measures Hands, Face, Fresh Air

Wearing a face covering when in close proximity to others or in contact with people you don't usually see Hand washing/ sanitising when entering a site Respect others wish to social distance Wearing appropriate clothes for the weather as where possible windows and doors will be open and most of the activities will be outdoors

Bringing in a bottle of water for you and your child to drink (no food please!)

Bringing in a made up bottle of milk if your baby will need one (always follow safe bottle guidance from NHS)

Ensuring that you do not attend if you or a member of your household is unwell or has signs of Covid 19

How drop ins work

Arrive at the site no more than 5 minutes before the start of the session

If you are not registered advise the admin so they can support you to get the forms filled out (you will not be able to sign in at this time)

You will need to wait outside in a line

2-5 minutes before the start of the session the admin will welcome you in to sign the register On entry to a site you will need to hand sanitise

Group numbers will remain small – once numbers are met families will be turned away to ensure safety There will be a small area for you to leave your personal belongings please only bring what you need The room will be set and outside area (where available) will be set up with a range of activities for you and your child to enjoy

> External / internal (depending on the site) buggy areas are available (we encourage parents to bring a buggy lock) Parents and carers are responsible for their child/ren at all times No mobile phones No hot drinks

Parents and carers are responsible for their family's belongings at all times

Have tons of fun, play & learn together!!!!



Please follow this guide in all of our groups and services.

Note; we have <u>limited space for buggies</u> and for health and safety reasons buggies can not be brought in to groups, <u>where possible</u> <u>please leave your buggies at home</u>. We recommend bringing a buggy lock with you to centres with outdoor buggy bays. Please arrive only 10mins prior to the group start times. Doors will open at most sites 2 - 5mins prior to the start time for sign in



Mobile phones should be turned to silent or switched off during groups and handheld computers should be switched off. If you would like to take a picture or video of a special moment, ask a member of the team.



You remain responsible for your children at all times.



We provide water in all groups. (Due to allergies, we are unable to agree to families bringing their own food or snacks)



You are responsible for all personal belongings.



There is an expectation that everyone helps to tidy up.



Most importantly PLAY, LEARN and HAVE FUN!

Getting ready for school and transitions Is your child starting school in September? **Rising Stars** Is your child starting a new childminder, pre school or nursery class? groups will This term & the summer holiday is important for your child... support your child to 'be ready' Come along to our rising stars groups where staff can support you with your child's transition to school ... Look out for the following groups on the timetable..... Learning Through Play Imagine & Play TALK & Play Stories Come Alive PAFT Health & well-being Outdoor play groups Workshops Top tips and advice sessions Some of the things you can do as a parent to help your child to feel ready for school..... Come to groups and sessions to support your child's social skills, learning and development Ask staff about the curriculum Ensure your child has had a two year old health and development check (Call 020 8736 6222 or 020 8736 1066 to book) Let staff know if you have any concerns about your child's development. Attend toilet learning workshops or ask for tips about readiness to toilet learn Encourage your child to practise feeding themselves, dressing themselves and to use their words, signs or other communication skills to share their wants & needs Practise the walk to school Make sure you are open & honest about your child's likes, wants & needs during school induction Let staff know if you have questions or are worried about your child's speech and language



Virtual transition in to school support -11 July 2022 – PM – Call to book your place 020 8424 1460 19 July 2022 – AM - Call to book your place 020 8424 1460



Behaviour Workshop

Stanmore Park Children's Centre, William Drive, HA7 4FZ Call 020 8736 6480 to book (Parents of 2 - 4 year olds) 08 June 2022 - PM

The Pinner Centre, Chapel Lane Car Park, HA5 1AA Call 020 8424 1460 to book (Parents of 2 - 4 year olds) 27 June 2022 - PM

Virtual 29 June 2022 - PM (focus on alternatives to physical chastisement)

The Pinner Centre, Chapel Lane Car Park, HA5 1AA Call 020 8424 1460 to book (Parents of 3 - 9 year olds) 18 July 2022 - PM



Oral Health Workshop

Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550 23 June 2022 - PM

Early Support Parenting Workshops

> We all need advice sometimes.... Appointment only

Sleep Worksop

The Pinner Centre, Chapel Lane Car Park, HA5 1AA Call 020 8424 1460 to book 20 June 2022 - PM

Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550 30 June 2022 - PM

Virtual Call 020 8424 1460 to book 05 July 2022 - AM

Toilet Learning Workshop

Chandos Children's Centre, Delivery Site, Chandos Crescent, HA8 6HL Call - 020 8736 6550 16 June 2022 - PM

> Virtual Call 020 8424 1460 to book 21 June 2022 - AM

Stanmore Park Children's Centre, Delivery Site, William Drive, HA7 4FZ Call - 020 8736 6480 06 July 2022 - PM



Healthy Eating & meal times Workshop

Stanmore Park Children's Centre, William Drive, HA7 4FZ Call 020 8736 6480 to book 15 June 2022 - PM

8



Behaviour Workshop

Gange 10-11am 22 June 2022 (2-4 years)

Virtual 10-11am 29 June 2022 (5-9 years) Book your place by calling 020 8427 0134 Sleep Worksop Gange 1-2pm 5 July 2022 Book your place by calling 020 8427 0134





Parenting Workshops

We all need advice sometimes.... Appointment only



Virtual 1-2pm 28 June 2022 Book your place by calling 020 8422 4692

Toilet Learning Workshop

Virtual10-11am 14 July 2022 Book you place by calling 020 8422 4692



Sibling relationships

Support and advice around sibling rivalry Routines Boundaries & consistency Parenting tips Ideas on special play times

Being a parent of siblings can be tough, balancing your time, supporting their wellbeing, meeting their needs that often differ & questioning yourself about whether you are doing enough ... not to mention any challenges around sibling relationships! If you would like to talk things through or get some ideas give us a call & book on to our top tips session or our sibling relationships workshop

13 July 2022 – PM Stanmore Park, Children's Centre, HA7 4FZ Call 020 8736 6480 to book



Educational and Child Psychologist 'drop-in' Look out for

the sessions

on the

timetable on

Thursdays

0 - 5

years

Come and have an informal consultation with one of us from the Educational Psychology Service. We can discuss how your child is developing, particularly during this Covid recovery period, and provide advice to help with your child's overall development.

We can give you guidance about:

- Play activities to promote social and emotional, language and communication, physical and early learning development.
 - Maintaining mental and emotional well-being.
 - Understanding and supporting special educational needs.
 - Parental boundary setting.
 - Wake-up, bedtime and bathroom routines.
 - Toileting and promoting independence and much more.

We are looking forward to seeing you! Find out more at Harrow Children's Centres or Facebook www.facebook.com/harrowcc Or by calling 020 8736 6222 or 020 8422 4692

Weaning parties

From 6 ¹/₂ months we would suggest you book and come along to a weaning party, to get recipe ideas, get reassurance about suitable foods and practice with some homecooked



finger foods.

This baby is 6 ¹/₂ months, enjoying finger foods from the start

> Baby's a little older here you can see the progression in her hand skills



Weaning workshops / parenting sessions (for parents of babies from 5 months plus for advice around beginning weaning at 6months)

Date & Time	Venue
14 June 2022	Cedars Children's Centre,
2 – 3 pm	Whittlesea road, HA3 6LS

Please ring 020 8736 6222 to book a place for the weaning party



Weaning workshops

From 5 months we would suggest you join an online weaning workshop for top tips and advice on how to introduce solid foods with your baby!

To book a place on the workshop, please message the Facebook inbox <u>www.facebook.com/harrowcc</u>

or email Early Support at earlysupporthub@harrow.gov.uk





Weaning workshops / parenting sessions (for parents of babies from 5 months plus for advice around beginning weaning at 6 months)

Date & Time	Venue
Tuesday 14 June 2022 - 10- 11am	Remote group on Teams

Saturday Weaning workshops and parties

From 5 ½ months we would suggest you book and come along to a weaning workshop for top tips and advice on how to wean your baby!



Saturday weaning party dates				
Date & Time	Venue			
2 July 2022 10 – 11am	Cedars Children's Centre, Whittlesea Road, HA3 6LS - 020 8736 6222			

Weaning Party

Between 6 – 9 months you can attend weaning parties at the Centre!

This is a great opportunity to get recipe ideas, get reassurance around suitable

foods and practice weaning.

Please ring 020 8736 6222 to book a place for the weaning party

Early Support Small Steps - Lasting Change Strengthening Families, Strengthening Communities (SFSC) is an inclusive evidence-based parenting programme, designed to promote protective factors which are associated with good parenting and better outcomes for children

strengthening families strengthening communities

By taking part in SFSC, you will:

* get to meet other parents * share information and strategies for bringing up your children

have the opportunity to make sure your voice is
heard

SFSC is a group- based programme, and you will usually take part alongside 8—12 other parents. The programme will run by two facilitators who have undergone extensive training to ensure that everyone gets the most out of the programme

How long is the course?

You are invited to attend a one off "get to know each other" session followed by a 12 week programme. Each session lasting 3 hours.

What do I have to do? Get involved!

As part of the programme you will explore and think about your own experiences, and about how your culture and family background have shaped your parenting style. Register with your local Early Support Hub to access the programme and a range of free services for you and your family.

What will SFSC give me?

SFSC will help you to answer these important parenting questions: How can I motivate my child to try their best at school? How do I build a better relationship with my child? How do I stop my teenager getting involved in drinking, drugs, antisocial behaviou or truanting? How do I put boundaries in place with my child? What youth and parent services are available in my community?



Parents & carers....

Do you feel that your child's behaviour is a challenge sometimes? Do you feel that your children don't listen to you? Do you lose control when you are managing your child's behaviour? You are invited to a bespoke workshop



This session is for parents of children aged between 3 -10 years and will be delivered via MS Teams



This group will support you in managing your child's behaviour using positive strategies and help you understand the impact of physical chastisement on your child.



Date: Wednesday 29 June 2022

Time: 1pm - 2.30pm

To access this workshop and book a place, please call Cedars Children's centre on 020 8736 6222

Liz Eardley will contact you with the sign up details prior to the group starting



Free Baby Feeding Support Groups in Harrow All welcome



Central and North West London NHS Foundation Trust

Monday 1 - 3pm Cedars Children's Centre, Whittlesea Road, Harrow Weald, HA3 6LS

> Wednesday 10am - 12pm Virtual Group

Thursday 9am - 3.30pm

Kenmore Park Children's Centre, Warneford Road, Kenton, HA3 9HZ

Book a space to get some support with feeding your baby or have a chat with other mothers. A Health Visitor and Lactation Consultant will be at each group. To book a space at any of the groups please email Julie Peris on <u>j.peris@nhs.net</u>



Being Parents

(Adult only Course)



New 4 week course 10 June 2022 from 10-11.30am 24 June 1 July

15 July

Gange Delivery Site, 68 Canning Road, Wealdstone HA3 76N

Come and join our wonderful workshops exploring how to create a family home that works for everyone.

For parents with babies and toddlers

Week 1 : The world through our children's eyes Week 2: Relationships with yourself and others. Balancing everyone's needs Week 3: Child development and how we can support it. Week 4: Learning through play. Terrific 2s. How to embrace the challenges of toddlerhood. To enquire about booking your place :



Call 020 8427 0134 - The Centre is open 9am - 4pm Monday - Friday



2022

Lets Play Together Group (birth-4 years)

A 4 week programme that Offers parents the opportunity to:

Learn positive behaviour strategies Learn more about child development Set boundaries and routines Play together Create positive meal times Manage screen time Read together



Starting 21 June 10-11.30am Hillview 2 Grange Road South Harrow HA20LW

To find out more and express an interest please call 020 8422 4692

1:1 Appointment only advice sessions available

Do you need some support, advice and guidance?

We can offer some top tips for:

Challenging behaviour Toilet learning Routines Weaning Sleep routines Sibling rivalry Home schooling

And many more

FREE SUPPORT ADVICE & GUIDENCE Appointments will be done either by Zoom video or a telephone call

When? 20 minute time slots available <u>every</u>

Monday: 1 – 3pm Wednesday: 9.30 – 11.30am Thursday: 1-3pm How to book a time slot? Send an inbox Facebook message with your full name, contact number and e-mail address, a practitioner will be in touch to book you in.



2022	Monday 06 June	Tuesday 07 June	Wednesday 08 June	Thursday 09 June	Friday 10 June
Cedars Whittlesea Road Harrow HA3 6LS	The team are busy planning for the term	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11am PAFT Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + - drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' drop in
020 8736 6222 Sessions are drop in unless stated otherwise		1 – 2.30pm Children's Sensory Team Pre School Group – Bookings only	Parenting top tips & advice Call to book your place	Health	
		1 – 2.30pm Sensory Play - drop in Sensory room time	PM - Special Play Times Booked places only		
Stanmore Park William Drive		10 – 11.30am Imagine & Play – drop in	10 – 11am TALK & Play -18 months + - drop in	Health	10 – 11am Baby Group
Stanmore HA7 4FZ 020 8736 6480		1 – 2pm Stories Come Alive – drop in	1.30 – 2.30pm Behaviour workshop	Parenting Programme	Womb to World Pre natal – Crawlers With Child safety advice –
Sessions are drop in unless stated otherwise			Parents of children aged 2 – 4 years Call to book your place		drop in
The Pinner Centre Chapel Lane Car		10 – 11am TALK & Play – drop in 18 months +	10 – 11am Learning Through Play - drop in	10 – 11am Stories Come Alive – drop in	10 – 11am Let's Get Physical – drop in
Park Pinner HA5 1AA 020 8424 1460 Sessions are drop in		1.30 – 2.30pm PAFT Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – drop in		
unless stated otherwise					
Whitefriars Children's Centre Whitefriars Avenue		9.30 – 11.30am Childminders' Group – Lead by childminders	10 – 11am Health & Well – being Stay & Play – drop in		10 – 11am TALK & Play 18 months + - drop in
HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise		1.30 – 2.30pm Learning Through Play – drop in	Afternoon 2 year checks Call to book your place		
Chandos Chandos Crescent HA8 6HL		10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11am Imagine & Play – drop in	
020 8736 6550 Sessions are drop in unless stated otherwise		1 – 2pm Health & well-being stay & play – drop in			22

	Monday 6 June	Tuesday 7 June	Wednesday 8 June	Thursday 9 June	Friday 10 June
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4691	10 - 11.30am Portage Group (Bookings)	Team Planning day	10-11 Baby stay and play (birth –crawlers) Drop in	10 - 11am Learning Through Play (18months - 4 years) With Educational Psychologist Drop in	Partner services
			1 - 2 pm Busy Feet (2-4 years) Drop in	1 - 2.30pm Portage Appointments (Bookings)	
Kenmore Park Warneford Road,		9.15 - 11.15am Healthy Child Clinic (Appointments)	10-11am Talk and play (2- 4 years) bookings	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic (bookings)
Kenton, HA3 9HZ 020 8416 8400		1 - 4pm Health Visiting (Appointments)	1-2pm Baby Stay & Play (Crawlers - 18months) Drop in	Post Natal Support Group By Appointment	1-2PM Explore and learn outdoors (0-4 years) Drop in
Elmgrove Kenmore Ave,			Partner service	10-11am Fun with phonics (2-4 years) Drop in	10-11am Sensory Play (birth-18 months) Drop in
Kenton, HA3 8LU 020 8907 4941			1-2pm Baby stay and play (birth -crawlers) Drop in	1 -2pm Explore and learn outdoors (0-4yrs) Drop in	
Gange 68 Canning Road, Wealdstone, HA3 7SN	Partner service		10-11 am Health and wellbeing (birth-4 years) Drop in		Partner service
020 8427 0134	Partner service		Partner service	1-3pm Parenting Top Tips Call to book2a place	Partner service

2022	Monday 13 June	Tuesday 14 June	Wednesday 15 June	Thursday 16 June	Friday 17 June	
Cedars Whittlesea Road Harrow HA3 6LS 020 8736 6222 Sessions are drop in unless stated otherwise	The team are working with the local schools	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11am PAFT Baby Group - Birth – Crawlers – drop in	10 – 11am TALK & Play -18 months + With speech and language therapist - drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' – drop in	
		1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Parenting top tips & advice Call to book your place	Health		
	12 – 2pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Special Play Times – booked places only	1 .30 – 2.30pm Learning Through Play – drop in		
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am PAFT Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – drop in	10 – 11am TALK & Play -18 months + - drop in	Health	10 – 11am Womb to World Baby Group	
020 8736 6480 Sessions are drop in unless stated otherwise	1 – 2pm Learning Through Play – drop in	1 – 2pm Stories Come Alive – drop in	1.30 – 2.30pm Healthy eating & meal times workshop – call to book your place Parents only	Parenting Programme	Pre natal – Crawlers With sleep advice drop in	
The Pinner Centre Chapel Lane Car Park Pinner	The team are working with the local schools	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Learning Through Play - drop in	10 – 11am Stories Come Alive – drop in	10 – 11am Let's Get Physical – drop in	
HA5 1AA 020 8424 1460 Sessions are drop in unless stated otherwise		1.30 – 2.30pm PAFT Group Birth – 3 years – drop in	1.30 – 2.30pm Imagine & Play – drop in	1.30 – 2.30pm PAFT Baby Group – drop in Birth – Crawlers		
Whitefriars Children's Centre Whitefriars Avenue	10 – 11am PAFT Baby Group – drop in Crawlers – 18 months	9.30 – 11.30am Childminders' Group	10 – 11am Health & Well – being Stay & Play – drop in		10 – 11am TALK & Play 18 months +	
HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise	TALK Focus Bookings only	1.30 – 2.30pm Learning Through Play – drop in		1.30 – 2.30pm Indoor & Outdoor Play – drop in	drop in	
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11am Imagine & Play – drop in		
020 8736 6550 Sessions are drop in unless stated otherwise	Afternoon – face to face - 1:1 parenting advice session – please book your space	1 – 2pm TALK Focus – Booked places only		1.30 – 2.30pm Toilet Learning workshop Call to book your place	24	

	Monday 13 June	Tuesday 14 June	Wednesday 15 June	Thursday 16 June	Friday 17 June
Hillview 2 Grange Road, South Harrow, HA2 0LW	10 - 11.30am Portage Group (<i>Bookings)</i>	Team training Day	Partner service	10 - 11am Learning Through Play (18months - 4 years) Drop in	10 - 11am Talk and play (18 months+) Bookings
020 8422 4692	1 - 4pm Health Visiting Appointments		1 - 2 pm Busy Feet (2-4 years) Drop in	1 - 2.30pm Portage Appointments (<i>Bookings)</i>	1-2pm Stories come Alive (0-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10 - 11am Learning Through play (0- 4 years) Drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Talk and play (2- 4 years) booking	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
020 8416 8400	1-2pm Stories come Alive (0-4 years) Drop in	1 - 4pm Health Visiting Appointments	1-2 pm Baby stay and play (crawlers - 18 months) Drop in	Post Natal Support Group By Appointment	1-2PM Explore and learn outdoors (0-4 years) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941		DV Community Group	10-11am Stories Come Alive (birth-4 years) drop in	10-11am Fun with Phonics (2-4yrs) Drop in	10-11am Sensory Play (birth-18 months) Drop in
			1-2pm Baby stay and play (birth -crawlers) Drop in	1 -2pm Explore and learn outdoors (0-4yrs) Drop in	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service		10-11 am Health and wellbeing (0-4 years) Drop in	10-11am Explore and learn outdoors (birth-4 years) Drop in	Partner service
	1.30 - 2.30pm Sensory baby (birth- crawlers) Drop in			1-3pm Parenting Top Tips Call to book a place	Partner service

2022	Monday 20 June	Tuesday 21 June	Wednesday 22 June	Thursday 23 June	Friday 24 June
Cedars Whittlesea Road Harrow HA3 6LS	The team are working with the local schools	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	PM – Weaning Party for parents of babies 6.5months plus –	10 – 11am TALK & Play -18 months + With educational psychologists – drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' Drop in
020 8736 6222 Sessions are drop in unless stated otherwise		1 – 2.30pm Children's Sensory Team Pre School Group – bookings only	Call to book your place	Health	
	12 – 2pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Special Play Times- booked places	1 .30 – 2.30pm Learning Through Play – drop in	
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am PAFT Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – drop in	10 – 11am TALK & Play -18 months + - drop in	Health	10 – 11am Womb to World Baby Group
020 8736 6480 Sessions are drop in unless stated otherwise	1 – 2pm Learning Through Play – drop in	1 – 2pm Stories Come Alive – drop in		Parenting Programme	Pre natal – Crawlers With feeding advice – drop in
The Pinner Centre Chapel Lane Car	10 – 11am Walk & Talk in the Park – drop in Pinner Memorial Park	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Learning Through Play – drop in	10 – 11am Stories Come Alive	10 – 11am Let's Get Physical – drop in
Park Pinner HA5 1AA 020 8424 1460 Sessions are drop in	PM Sleep workshop Call to book your place	10.30 – 11.30am Virtual Toilet Learning Workshop call to book	1.30 – 2.30pm Imagine & Play – drop in	1.30 – 2.30pm PAFT Baby Group – drop in Birth – Crawlers	
unless stated otherwise		1.30 – 2.30pm PAFT Group Birth – 3 years – drop in			
Whitefriars Children's Centre Whitefriars Avenue	10 – 11am PAFT Baby Group – drop in Crawlers – 18 months	9.30 – 11.30am Childminders' Group	10 – 11am Health & Well – being Stay & Play – drop in		10 – 11am TALK & Play – drop in 18 months +
HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise	1.30 – 2.30pm Stories Come Alive – drop in	1.30 – 2.30pm Learning Through Play – drop in	2 year old health & development checks Call to book	1.30 – 2.30pm Indoor & Outdoor Play – drop in	
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group – drop in Crawlers – 18 months	10 – 11am Imagine & Play – drop in	
020 8736 6550 Sessions are drop in unless stated otherwise	Afternoon – face to face - 1:1 parenting advice session – please book your space	PM Talk Focus Booked places		1.30 – 2.30pm Oral Health workshop Call to book a place	26

	Monday 20th June	Tuesday 21 st June	Wednesday 22 nd June	Thursday 23 rd June	Friday 24 th June
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10 - 11.30am Portage Group (Bookings)	10-11.15am Lets play together (birth-4 years) By invite only	10-11am Baby stay and play (birth – crawlers) Drop in	10 - 11am Learning Through Play (18months - 4 years) Drop in	10-11am Talk and play (18 months+) Bookings
	1 - 4pm Health Visiting Appointments	1-2 pm Fun with Phonics (2-4 years) Drop in	1 - 2 pm Busy Feet (2-4 years) Drop in	1 - 2.30pm Portage Appointments (Bookings)	1-2pm Stories come Alive (birth-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10 – 11am Learning Through play (0– 4 years) Drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Talk and play (2-4 years) bookings	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
	1-2pm Stories come Alive (0-4 years) Drop in	1 - 4pm Health clinic Appointments	1-2 pm Baby stay and play (crawlers - 18 months) Drop in	Post Natal Support Group By Appointment	1-2PM Explore and learn outdoors (0-4 years) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941		DV Community Group	10-11am Stories Come Alive (birth-4 years) Drop in	10-11.00am Fun with Phonics (2-4yrs) Drop in	10-11am Sensory Play (crawlers -18 months) Drop in
			1-2pm Baby stay and play (birth -crawlers) Drop in	1 -2pm Explore and learn outdoors (0-4yrs) Drop in	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	10-11.15am Little cooks (2-4 years) bookings	10-11 am Behaviour Workshop (2-4 years) bookings	10-11am Explore and learn outdoors (birth-4 years) Drop in	10-11.30am Learn Harrow Being parents
	1.30 - 2.30pm Sensory baby (birth- crawlers) Drop in		Partner service	1-3 pm Parenting Top T ips Call to book a place	Partner services

2022	Monday 27 June	Tuesday 28 June	Wednesday 29 June	Thursday 30 June	Friday 01 July
Cedars Whittlesea Road Harrow HA3 6LS	The team are working with the local schools	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11am PAFT Baby Group - Birth – Crawlers drop in	10 – 11am TALK & Play -18 months + - drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' - drop in
020 8736 6222 Sessions are drop in unless stated otherwise		1 – 2.30pm Children's Sensory Team Pre School Group – booked places	Parenting top tips & advice Call to book	Health	
	12 – 2pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play – drop in Sensory room time	PM - Special Play Times– booked places only	1 .30 – 2.30pm Learning Through Play - drop in	
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am PAFT Group Birth – 3 years – drop in	10 – 11.30am Imagine & Play – drop in	10 – 11am TALK & Play -18 months + drop in	Health	10 – 11am Baby Group Womb to World Pre
020 8736 6480 Sessions are drop in unless stated otherwise	1 – 2pm Learning Through Play – drop in	1 – 2pm Stories Come Alive – drop in	PM Supporting your child's emotions workshop – Call to book	Parenting Programme	natal – Crawlers - drop in
The Pinner Centre Chapel Lane Car	10 – 11am Walk & Talk in the Park – drop in Pinner Memorial Park	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Learning Through Play - drop in	10 – 11am Stories Come Alive - drop in	10 – 11am Let's Get Physical - drop in
Park Pinner HA5 1AA 020 8424 1460	PM Behaviour 2 – 4 years workshop Call to book your place	1.30 – 2.30pm PAFT Group Birth – 3 years – drop in	1 – 2pm Imagine & Play - drop in	1.30 – 2.30pm PAFT Baby Group - drop in Birth – Crawlers	
Sessions are drop in unless stated otherwise			Virtual - Behaviour workshop Alternatives to physical chastisement - to book call 020 8736 6222		
Whitefriars Children's Centre Whitefriars Avenue	10 – 11am PAFT Baby Group – drop in Crawlers – 18 months	9.30 – 11.30am Childminders' Group	10 – 11am Health & Well – being Stay & Play - drop in		10 – 11am TALK & Play 18 months +
HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise	1.30 – 2.30pm Stories Come Alive – drop in	1.30 – 2.30pm Learning Through Play – drop in		1.30 – 2.30pm Indoor & Outdoor Play - drop in	- drop in
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play – drop in 18 months +	10 – 11am Stories Come Alive – drop in 12 months +	10 – 11am Sensory Baby Group - drop in Crawlers – 18 months	10 – 11am Imagine & Play- drop in	
020 8736 6550 Sessions are drop in unless stated otherwise	The team are working with the local schools	PM Talk Focus Booked places only		1 – 2pm Sleep workshop Call to book	28

	Monday 27 th June	Tuesday 28 th June	Wednesday 29 th June	Thursday 30 th June	Friday 1 st July
Lillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10 - 11.30am Portage Group (<i>Bookings)</i>	10-11.15am Lets play together (birth- 4 years) By invite only Bookings	10-11am Baby stay and play (birth –crawlers) Drop in	10 - 11am Learning Through Play (18months - 4 years) With oral health advice Drop in	10-11am Talk and play (18 months+) bookings
	1-4 pm Health Visitor Appointments	1-2PM Fun with Phonics (2-4 Years) Drop in	1-2pm Busy Feet (2-4 years) Drop in	1 - 2.30pm Portage Appointments <i>(Bookings)</i>	
Kenmore Park Warneford Road, Kenton, HA3 9HZ	10 - 11am Learning Through play (18months - 4 years) Drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Talk and play (2-4 years) bookings	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
Kenton, HA3 9HZ — 020 8416 8400	1-2pm Stories come Alive (birth-4 years) Drop in	1 - 4pm Health Visiting Appointments	1-2 pm Baby stay and play (crawlers - 18 months) Drop in	Post Natal Support Group By Appointment	1-2PM Explore and learn outdoors (birth-4years) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941		DV Community Group	10-11am Stories Come Alive (birth-4 years) Drop in	Own My Life	10-11am Sensory Play (crawlers -18 months)
			1-2pm Baby stay and play (birth -crawlers) Drop in	1-2pm Explore and learn outdoors (birth-4 years) Drop in	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner services	10-11.15am Little cooks (2-4 years) Bookings	Partner services	10-11am Explore and learn outdoors (birth-4 years) Drop in	10-11.30 Learn Harrow Being Parents Bookings
	1.30 - 2.30pm Sensory baby (birth- crawlers) Drop in		Partner services	1-3 pm Parenting Top Tips Call to book a place	Partner services

2022	Monday 04 July	Tuesday 05 July	Wednesday 06 July	Thursday 07 July	Friday 08 July
Cedars Whittlesea Road Harrow HA3 6LS	The team are working with the local schools	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	10 – 11am PAFT Baby Group - Birth – Crawlers - drop in	10 – 11am TALK & Play - 18 months + - drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' - drop in
020 8736 6222 Sessions are drop in unless stated otherwise	Co-parenting workshop Call to find out more – booking only	1 – 2.30pm Children's Sensory Team Pre School Group – booked places	Parenting top tips & advice Call to book	Health	
	12 – 2pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play - drop in	PM - Special Play Times – booked places only	1 .30 – 2.30pm Learning Through Play - drop in	
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am PAFT Group Birth – 3 years - drop in	10 – 11.30am Imagine & Play - drop in	10 – 11am TALK & Play -18 months + - drop in	Health	10 – 11am Baby Group Womb to World Pre
020 8736 6480 Sessions are drop in unless stated otherwise	1 – 2pm Learning Through Play - drop in	1 – 2pm Stories Come Alive - drop in	PM Toilet Learning workshop Call to book your place	Parenting Programme	natal – Crawlers Attachment & bonding advice - drop in
The Pinner Centre Chapel Lane Car Park Pinner	10 – 11am Walk & Talk in the Park - drop in Pinner Memorial Park	10 – 11am TALK & Play - drop in 18 months +	10 – 11am Learning Through Play - drop in	10 – 11am Stories Come Alive - drop in	10 – 11am Let's Get Physical - drop in
HA5 1AA 020 8424 1460 Sessions are drop in unless stated	PM Parenting top tips and advice Call to book a place	10.30 – 11.30am Virtual Sleep Workshop – call to book	1 – 2pm Imagine & Play - drop in	1.30 – 2.30pm PAFT Baby Group - drop in Birth – Crawlers	
otherwise		1.30 – 2.30pm PAFT Group Birth – 3 years - drop in			
Whitefriars Children's Centre Whitefriars Avenue	10 – 11am PAFT Baby Group- drop in Crawlers – 18 months	9.30 – 11.30am Childminders' Group			10 – 11am TALK & Play 18 months + -
HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise	1.30 – 2.30pm Stories Come Alive - drop in	1.30 – 2.30pm Learning Through Play- drop in		1.30 – 2.30pm Indoor & Outdoor Play - drop in	drop in
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play - drop in 18 months +	10 – 11am Stories Come Alive - drop in 12 months +	10 – 11am Sensory Baby Group - drop in Crawlers – 18 months	10 – 11am Imagine & Play - drop in	
020 8736 6550 Sessions are drop in unless stated otherwise	Afternoon – face to face - 1:1 parenting advice session – please book your space	PM Talk Focus Booked places			30

	Monday 4 July	Tuesday 5 July	Wednesday 6 July	Thursday 7 July	Friday 8 July
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10 - 11.30am Portage Group (<i>Bookings)</i>	10-11.15am Lets play together (Birth-4 years) by invite only Bookings	10- 11am Baby stay and play (Birth – crawlers) Drop in	10 - 11am Learning Through Play (18months - 4 years) With Educational Psychologist Drop in	10 - 11am Talk and play (18 months +) Bookings
	1-4 pm Health Visitor Appointments	1-2pm Fun with Phonics (2-4 years) Drop in	1 - 2pm Busy Feet Drop in	1 - 2.30pm Portage Appointments (<i>Bookings</i>)	
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10 - 11am Learning Through play (18months - 4 years) Drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Talk and play (birth-4 years) Bookings	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
	1-2pm Stories come Alive (birth -4 years) Drop in	1 - 4pm Health Visiting Appointments	1 - 2pm Baby Stay & Play (Birth - 18months) Drop in	Post Natal Support Group By Appointment	1-2pm Explore and learn outdoors (birth-4years)
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941		DV Community Group	10-11am Stories Come Alive (0-4 years) Drop in	10-11am Fun with Phonics (2-4yrs) Drop in	10-11am Sensory Play (birth-18 months)
020 0307 4341			1-2pm Baby stay and play (birth -crawlers) Drop in	Partner service	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11.15am Little cooks (2-4 years) Bookings	10-11am Health and Wellbeing (birth-4 years) Drop in	10-11am Explore and learn outdoors (birth-4 years) Drop in	Partner service
	Partner service	1-2pm Sleep workshop bookings		1-3pm Parenting Top Tips Call to book a place	Partner service

2022	Monday 11 July	Tuesday 12 July	Wednesday 13 July	Thursday 14 July	Friday 15 July
Cedars Whittlesea Road Harrow HA3 6LS	The team are working with the local schools	9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	Staff Training developing SEND skills and knowledge - AM	10 – 11am TALK & Play -18 months + - drop in	10.30 – 11.30am Outdoor Play 'Little Adventurers' - drop in
020 8736 6222 Sessions are drop in unless stated otherwise	Afternoon 2 year old health & development checks Call to book	1 – 2.30pm Children's Sensory Team Pre School Group – booked places		Health	
	12 – 2pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play - drop in	PM - Special Play Times – booked places	Staff Team meeting - PM	
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am PAFT Group Birth – 3 years - drop in	10 – 11.30am Imagine & Play - drop in	PM Sibling Relationships workshop (Including sibling rivalry)	Health	10 – 11am Baby Group Womb to World Pre
020 8736 6480 Sessions are drop in unless stated otherwise	1 – 2pm Learning Through Play - drop in	1 – 2pm Stories Come Alive - drop in	Call to book a place	Parenting Programme	natal – Crawlers Be Healthy - drop in
The Pinner Centre Chapel Lane Car	10 – 11am Walk & Talk in the Park - drop in Pinner Memorial Park	The team are working with the local schools		10 – 11am Stories Come Alive - drop in	10 – 11am Let's Get Physical - drop in
Park Pinner HA5 1AA 020 8424 1460 Sessions are drop in unless stated otherwise	PM Starting School advice workshop Call to book your place	1.30 – 2.30pm PAFT Group Birth – 3 years - drop in	1 – 2pm Imagine & Play - drop in		
Whitefriars Children's Centre Whitefriars Avenue	10 – 11am PAFT Baby Group - drop in Crawlers – 18 months	9.30 – 11.30am Childminders' Group			10 – 11am TALK & Play 18 months +
HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise	1.30 – 2.30pm Stories Come Alive - drop in	1.30 – 2.30pm Learning Through Play - drop in	PM – 2 year old health & development checks Call to book		- drop in
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play - drop in 18 months +	10 – 11am Stories Come Alive - drop in 12 months +		10 – 11am Imagine & Play- drop in	
020 8736 6550 Sessions are drop in unless stated otherwise		1 – 2pm TALK Focus Booked places			32

	Monday 11 July	Tuesday 12 July	Wednesday 13 July	Thursday 14 July	Friday 15 July
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10 - 11.30am Portage Group (Bookings)	10-11.15am Lets play together (birth -4 years) By invite only bookings	10- 11am Baby stay and play (Birth – crawlers) Drop in	10 - 11am Learning Through Play (18months - 4 years) Drop in	10 - 11am Talk and play (18 months +) Bookings
	1-4 Health Visitor Appointments	1-2pm Fun with Phonics (2-4 years) Drop in		1 - 2.30pm Portage Appointments (Bookings)	1-2pm Stories come Alive (birth-4 years) Drop in
Kenmore Park Warneford Road, Kenton, HA3 9HZ 020 8416 8400	10 - 11am Learning Through play (birth- 4 years) Drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Talk and play (2-4 years) bookings	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
	1-2pm Stories come Alive (birth-4 years) Drop in	1 - 4pm Health Visiting Appointments		Post Natal Support Group By Appointment	1-2pm Explore and learn outdoors (birth-4years) Drop in
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941		DV Community Group	10-11am Stories Come Alive (birth-4 years) Drop in	10-11am Fun with Phonics (2-4 years) Drop in	10-11am Sensory Play (birth-18 months) Drop in
				Partner service	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11am Little cooks (2-4 years) bookings	10-11am Health and Wellbeing (birth-4 years) Drop in	10-11am Explore and learn outdoors (birth-4 years) Drop in	10-11.30am Learn Harrow Being Parents (Bookings)
	1.30 - 2.30pm Sensory Baby (birth - crawlers) Drop in		1-2pm Harrow Library service Drop in	1-3 pm Parenting Top Tips Call to book a place	Partner service

2022	Monday 18 July	Tuesday 19 July	Wednesday 20 July	Thursday 21 July	Friday 22 July
Cedars Whittlesea Road Harrow HA3 6LS		9.30 – 10.30am Find Your Voice We Are Family Music Session Call to register your interest	Team Training Day	The team are busy planning for the summer holidays	The team are preparing for the summer holidays
020 8736 6222 Sessions are drop in unless stated otherwise	Afternoon 2 year checks	1 – 2.30pm Children's Sensory Team Pre School Group – booked places	Health	Health	
	12 – 2pm Breastfeeding Peer Support	1 – 2.30pm Sensory Play - drop in Sensory room time			
Stanmore Park William Drive Stanmore HA7 4FZ	10 – 11am PAFT Group Birth – 3 years - drop in	10 – 11.30am Imagine & Play - drop in		Health	
020 8736 6480 Sessions are drop in unless stated otherwise	1 – 2pm Learning Through Play - drop in	1 – 2pm Stories Come Alive - drop in			
The Pinner Centre Chapel Lane Car Park Pinner HA5 1AA 020 8424 1460 Sessions are drop in unless stated otherwise	10 – 11am Walk & Talk in the Park - drop in Pinner Memorial Park	10 – 11am TALK & Play - drop in 18 months +	Health		
	PM Behaviour 3 – 9 years workshop Call to book	10 – 11.30am Virtual transition in to school advice sessions – Call to book			
		1.30 – 2.30pm PAFT Group Birth – 3 years - drop in			
Whitefriars Children's Centre Whitefriars Avenue	10 – 11am PAFT Baby Group- drop in Crawlers – 18 months	9.30 – 11.30am Childminders' Group	Health	Health	Health
HA3 5RQ 020 8424 1066 Sessions are drop in unless stated otherwise	1.30 – 2.30pm Stories Come Alive - drop in	1.30 – 2.30pm Learning Through Play- drop in			
Chandos Chandos Crescent HA8 6HL	10 – 11am TALK & Play - drop in 18 months +	10 – 11am Stories Come Alive - drop in 12 months +			Health
020 8736 6550 Sessions are drop in unless stated otherwise	Afternoon – face to face - 1:1 parenting advice session – please book your space	1 – 2pm Health & wellbeing stay & play - drop in			34

	Monday 18 July	Tuesday 19 July	Wednesday 20 July	Thursday 21July	Friday 22 July
Hillview 2 Grange Road, South Harrow, HA2 0LW 020 8422 4692	10 - 11.30am Portage Group (Bookings)		10- 11am Baby stay and play (Birth – crawlers) Drop in	10 - 11am Learning Through Play (18months - 4 years) Drop in	Team planning day
	1-4 Health Visitor Appointments	1-2pm Fun with Phonics (2-4years) Drop in	1-2 pm Busy Feet (2-4 years) Drop in	1 - 2.30pm Portage Appointments (<i>Bookings)</i>	Partner service
Kenmore Park Warneford Road,	10 - 11am Learning Through play (birth- 4 years) Drop in	9.15 - 11.15am Healthy Child Clinic	10-11am Talk and play (2-4 years) bookings	9- 3.30pm Breastfeeding peer support (bookings)	9.15am - 3.30pm Healthy Child Clinic
Kenton, HA3 9HZ 020 8416 8400	1-2pm Stories come Alive (birth-4 years) Drop in	1 - 4pm Health Visiting Appointments	1 - 2pm Baby Stay & Play (Birth - 18months) Drop in	Post Natal Support Group By Appointment	
Elmgrove Kenmore Ave, Kenton, HA3 8LU 020 8907 4941		DV Community Group	10-11am Stories Come Alive (birth-4 years) Drop in	10-11am Fun with Phonics (2-4 years) Drop in	
020 0007 4041			1-2pm Baby stay and play (birth -crawlers) Drop in	1 - 2pm Explore and learn outdoors (birth-4 years) Drop in	
Gange 68 Canning Road, Wealdstone, HA3 7SN 020 8427 0134	Partner service	10-11.15am Little cooks (2 - 4 years) bookings	10-11am Health and wellbeing (birth- 4years) Drop in	10-11am Explore and learn outdoors (birth-4 years) Drop in	Partner service
	1.30 - 2.30pm Sensory Baby (birth - crawlers) Drop in			1-3 pm Parenting Top Tips Call to book a place	Partner service

Centres in the Cedars Hub	Address and contact details	Centres in the Hillview Hub	Address and contact details
Cedars Hub Children's Centre	Whittlesea Road, Harrow, HA3 6LS. 020 8736 6222 8am – 6pm	Hillview Hub Children's Centre	2 Grange Road, South Harrow, HA2 OLW. 020 8422 4692
The Pinner Centre	Chapel Lane Car Park, Pinner HA5 1AA 020 8424 1460	Kenmore Park Delivery Site	Warneford Road, Kenton, HA3 9HZ. 020 8416 8400
Whitefriars Delivery Site	Whitefriars Avenue, Harrow, HA3 5RQ. 020 8424 1066	Gange Delivery Site	68 Canning Road, Wealdstone, HA3 7SN. 020 8427 0134
Chandos Delivery Site	Chandos Crescent, Edgware, HA8 6HL. 020 8736 6550	Elmgrove Delivery Site	Kenmore Avenue, Kenton, HA3 8LU. 020 8907 4941
Stanmore Park Delivery Site	William Drive, Stanmore, HA7 4FZ. 020 8736 6480	Wealdstone Youth Hub The Wealdstone Youth Centre, 38 – 42 High Street, Wealdstone, HA3 7AE 020 8416 8667	

Please remember, all our timetables can be found in the photo sections



www.facebook.com/harrowcc



Safeguarding is EVERYONE'S RESPONSIBILITY If you are concerned about a child call 020 8901 2690 on weekends or after 5pm call 020 8424 0999

> Domestic Abuse Support and Advice

If you are feeling unsafe or are experiencing domestic violence you can seek support by calling the Golden Number 020 8901 2690 or the DA helpline on 020 8907 8148 24 hrs 0808 2000 247 Stay safe!

UNICEF - Article 31 – You have the right to play & rest